



Day Services and Community Access

Able Australia supports people with disability and deafblindness to live the life they choose.

Established over 50 years ago, Able is a leading specialist disability provider, offering day services and community access in Victoria and Tasmania.

We provide high-quality supports in partnership with our clients and their families.

Why choose Able Australia?

- Able is a leading disability services provider, registered under the NDIS
- We are a not-for-profit organisation, and live our values of Trust, Respect, Excellence and Kindness
- We provide a wide range of high-quality, person-centred disability supports, backed by over 50 years of experience
- We offer specialist services for people who are deafblind or have complex disabilities (intellectual and/or physical disabilities) such as positive behaviour supports, allied health services and art therapy*.

*Therapy supports require NDIS therapy funding



REGISTERED
NDIS
PROVIDER



What supports do we offer?

Able provides a range of person-centred Day Services and Community Access supports to help you participate in your community while developing your skills and wellbeing.

What are our Day Services?

We offer a fresh take on Day Services - proudly providing person centred specialised support for people with disability.

At our Day Services, you set your goals and we support you to reach them.

Our caring, highly-skilled staff ensure your needs of social interaction, safety, personal care and overall enjoyment are fully met. We promote independence and support you in developing a variety of social and life skills.

What is Community Access?

Able supports you to access community activities through the comfort of your own home. This may include providing home-supports for you to get ready for your daily activities, develop your independent living skills and achieve your goals in your local community.

Where are our services?

Our Day Programs and Community Access are offered in Victoria and Tasmania as follows:



	Camberwell VIC	Northcote VIC	Hobart TAS	Launceston TAS
Group programs	X	X	X	X
Individual programs	X	X	X	X
Support 50 weeks a year	X	X	X	X
Adaptable kitchen		X		
Digital learning lab	X	X		
Bike mechanics			X	X
TAFE courses				X
Sensory spaces	X	X		



What activities can I do?

Able offers a range of activities that are provided in the community or our centre, and can be one-to-one and tailored to you. We want to provide you with the support to do what you want to do, so if there is something in particular you are interested in, please let us know. Some popular activities include:

Centre-based:

- Art
- Assistive technology and educational groups
- Gardening
- Healthy living e.g. cooking, guided relaxation
- Life skills development
- Road-safety and bike-riding
- Self-awareness programs e.g. self-care, independent living, travel
- Sensory programs
- Music programs



Community-based:

- Bike mechanics
- Bowling, library, farm, cinema outings
- Men's Shed
- Numeracy and literacy
- Sailing and horse riding
- Swimming and walking groups
- TAFE and first aid courses
- Volunteering and employment support

One-to-one:

Tailored programs are also available based on your personal interests. If there is a particular activity you are interested in or skill you would like support with, please talk to us.

We would love to chat to you about how we can work with you to achieve your goals. Please call our team on 1300 225 369.



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