

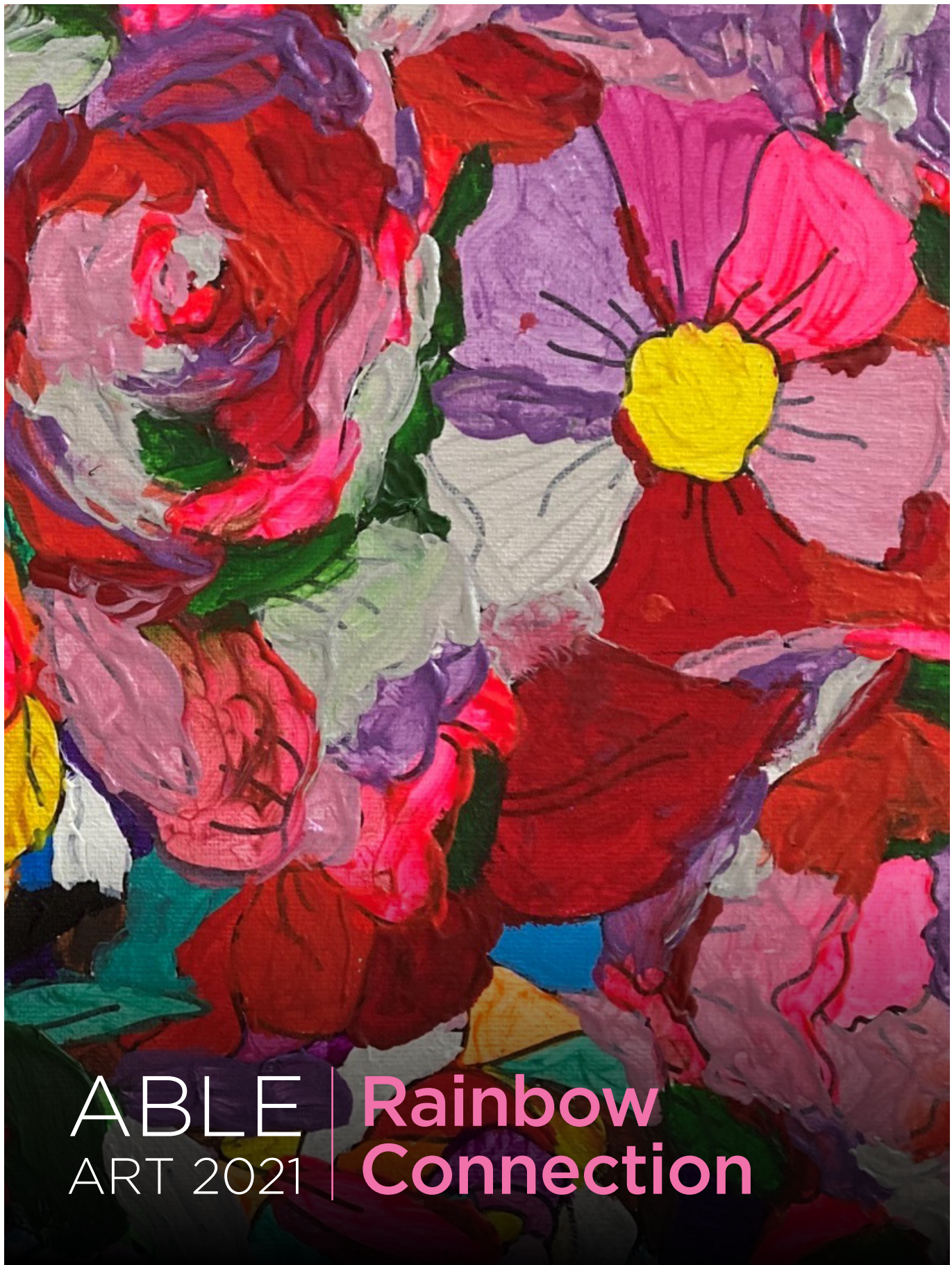


ABLE ART 2021

RAINBOW CONNECTION



Able
AUSTRALIA™



ABLE
ART 2021

Rainbow
Connection

ABLE ART 2021



KATE MACRAE

I am delighted to introduce the 2021 Able Art exhibition. This year we have been further challenged with the changing landscape of COVID-19. It is heartening during these times our clients have embraced art and all the benefits that art provides.

Whilst we were hoping to host Able Art 2021 in person this year, we continue to hold the exhibition online. Whilst we aren't together in person, I am delighted that we can showcase the artwork from artists both in Victoria and Tasmania.

The theme for 2021 is **Rainbow Connection**. As you will see throughout the exhibition the vast array of colours used by our artists is inspirational. Art is an avenue for our clients to connect in many ways including but not limited to their support, environment, feeling and loved ones.

As with last year this exhibition is led and curated by Art Therapist, Victoria Hayes. Our longstanding art therapy program encourages clients to be creative to improve mental well-being in a safe, inclusive, and welcoming environment.

Please join me in celebrating our clients' artwork and thanking them for sharing their artwork in this year's exhibition. Art can be extremely personal and for this we are very thankful.



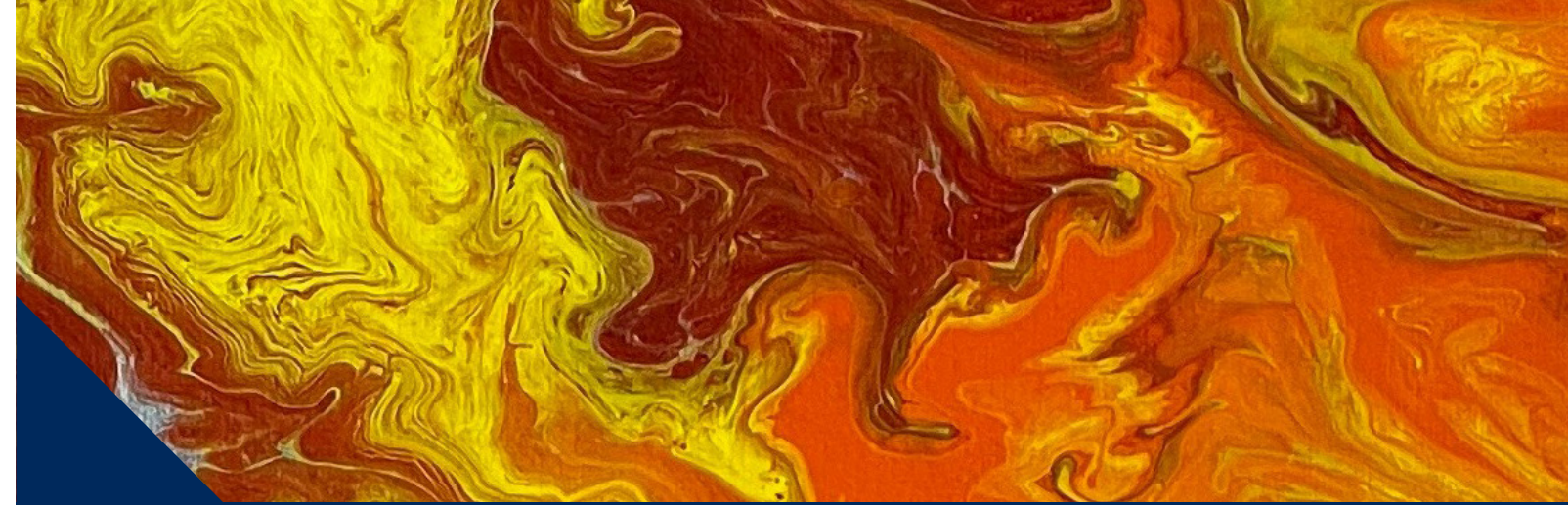
VICTORIA HAYES

For this year's able art exhibition titled 'Rainbow Connection' we highlight the large amount of colour that has been shown in our client's artwork. The theme of connection emphasizes the process each of artists partake in when producing their artworks. Additionally, this exhibition has provided us with the opportunity for our states to connect through the inclusion of artwork from Able Australia in Victoria and Tasmania.

This year has been tricky; however we are delighted to be able to present the exhibition this year online. We have taken the learnings from past exhibitions and improved the accessibility of this year's exhibition.

Each year through the Able Art Exhibition we learn, adapt, grow and connect and 2021 has been no different. This year you will see artwork from clients throughout our services in Victoria and Tasmania. The artwork is colorful, imaginative and utilizes a wide array of ideas and mediums.

I would like to thank all of our amazing clients and artists at Able for the beautiful artwork they have produced this year. After another difficult year it is beautiful to see our artists work with such colour. Lastly, I would like to take this opportunity to thank Claire Fraser, another one of our art therapists, as well as Clare Stanfield-Smith, our placement student, for assisting in the creation and collection of some of this year's artwork.



WELCOME TO THE 2021 ABLE ART EXHIBITION | RAINBOW CONNECTION

This year our theme for the exhibition is Rainbow Connection. This year's collection of artworks is bold, bright and colourful. Along with the rainbow of colours throughout the exhibition our clients have connected in more ways than one through art. Some clients have connected with their peers to produce collaborative artworks, whilst some of connected with their Able supports and others consupport through the art the produce.

This year's artworks have been created during online art sessions, clients in their homes with the encouragement and aid of Able, and in our day program services.

THANK YOU TO OUR SUPPORTERS

This exhibition would not be possible without the generosity of our supporters.



Herbert Smith Freehills continues to be a loyal community partner of Able Australia through much needed pro bono legal support, financial assistance and volunteer support on a number of key projects.

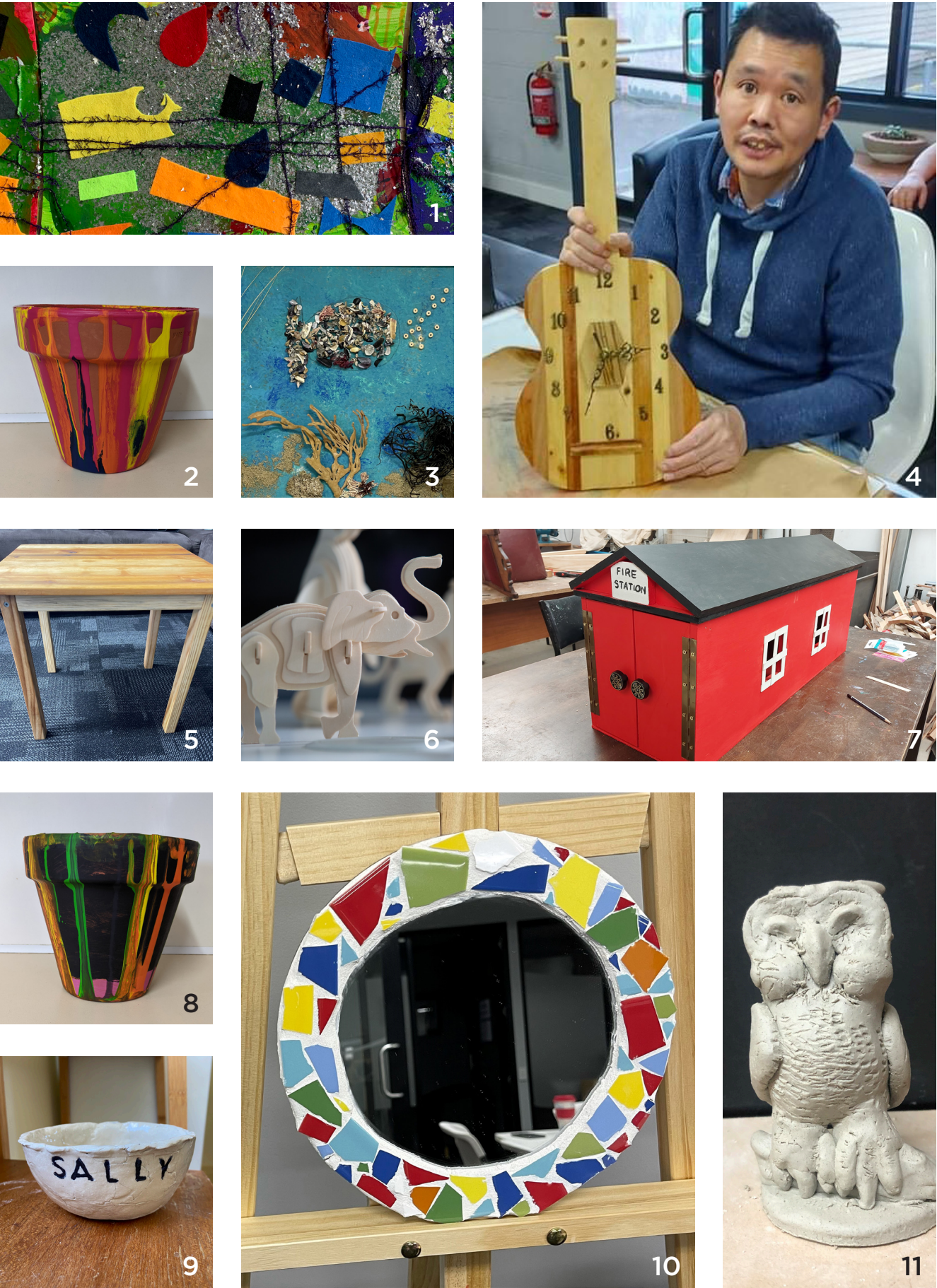
Since 2012, Herbert Smith Freehills has generously supported Able Australia's Able Art program, which assists people with a disability to express their emotions, explore their creativity and increase their self-esteem through visual art.

Thanks to their support, Able Australia provides all program participants with the opportunity to exhibit their artwork and share their creations with friends, family and the general public.



Bostik are also a great supporter of Able Australia. We thank them for their generous contribution of Blu Tack – widely used by clients who prefer tactical works of art and their ongoing support of our other programs.

SCULPTURE AND TACTILE



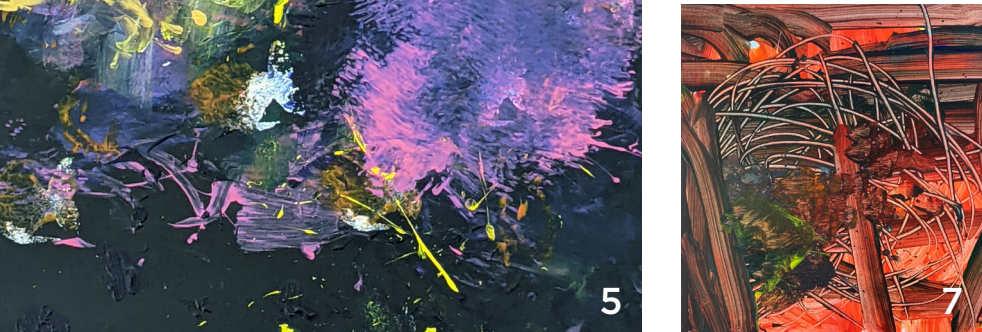
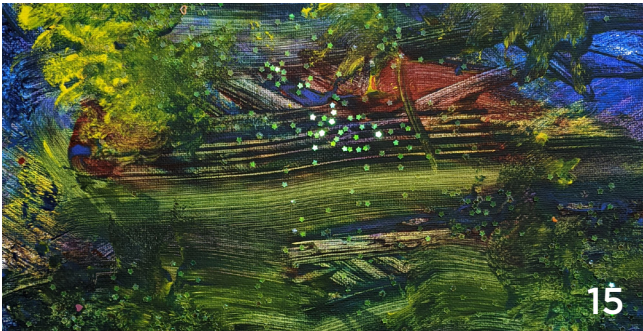
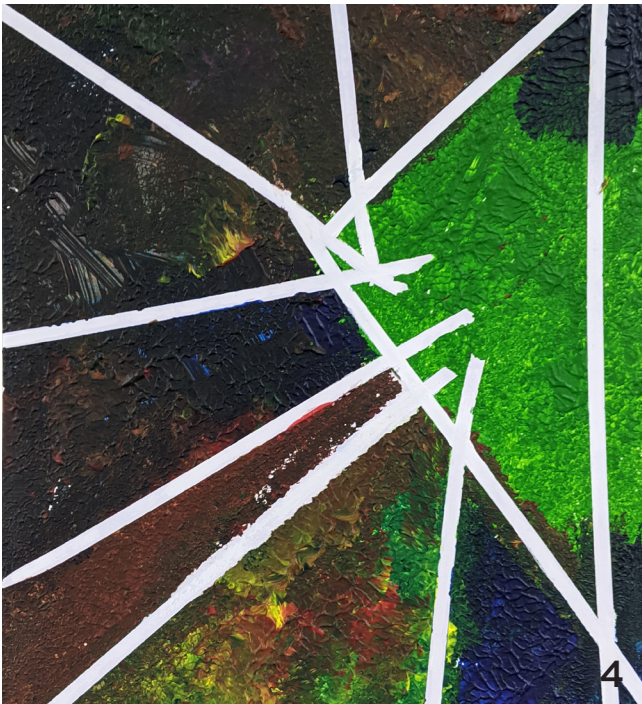
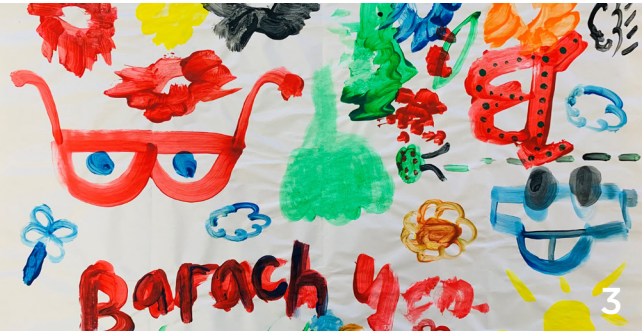
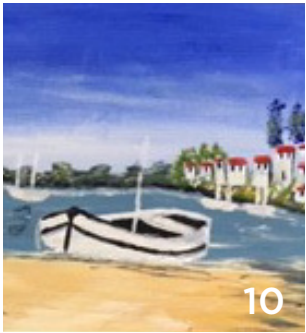
1. Retro Tetris - Alex Sar 2. Pot - Chloe H 3. Fish Collage - Joanne Gleeson 4. Clock - Erick Kwong 5. Table - Eric Kwong 6. Elephant - Noela Van Leeuwen 7. Fire Station - Danny Sparks 8. Pot - Joshua G 9. Bowl - Sally Clarke 10. Mirror - Aaron Pitcher 11. Owl - Daryl Harrison

TEXTILE AND WALL HANGINGS



1. Weaving - Bhim (Maya) M 2. Weaving - Coby A 3. Weaving - Shannon D 4. Weaving - Jasper Cleland 5. Frozen Pillow - Stephanie G 6. Hanging - Joel O 7. Antlers Tote Bag - Sharon H 8. Tapestry - Sandra 9. Hanging - Jack A 10. Hanging - Ricky L 11. Weaving - Katie V

PAINTINGS



1. Drip - Craig Wilson 2. Painting - Angela D 3. Happy Day - Baruch R 4. Painting - Coby A 5. Fireworks - Tanya S 6. Beach Houses - Deb Pennuto 7. The Bushfire - Gianni R 8. Painting - Cathy Sellars

9. Painting - Graziella Amato 10. Boat - Joanne Porter 11. Painting - Joanne W 12. Painting - Ricky L 13. Flowers - Nicole Sukkar 14. Painting - Maya 15. Painting - Theresa J 16. Painting - Kathy Wise 17. Painting - Maen M 18. Painting - Katie V 19. Painting - Richard Lim

INSIDE THE ARTWORK



MOSAIC TABLE

Able Australia Day Program Clients in Hobart

This mosaic table is the outstanding result of **teamwork**. 16 clients were involved in this masterpiece which took two months to produce.

Materials were sourced from Marketplace, local recovery shops and Bunnings. Trudi a Disability Support Worker at Able Australia drew the design and lead the project.

All clients involved are very proud of the art they have produced even if their contribution was a small part. They have enjoyed showing everyone what they have achieved. Clients have been involved throughout the project from the design to which tiles to use in sections of the table.



INSIDE THE ARTWORK



CRAIG WILSON

Wooden Train

Craig has been attending the Moonah Men's Shed for the past three years working on lots of different projects.

"I like to design my own projects and work out what materials and measurements I will need, I have used most of the tools at the Men's Shed. I am really good with fine details with my projects and it helps me maintain my fine motor skills" Craig says.

"The staff there are really good, they are always willing to lend a hand if needed. I also help out other people that attend sometimes if they need help with anything. It shows my abilities, I get to socialise with different people from within the community. I feel proud of what I have accomplished once I have finished my project"



LORETTA LYNCH

The Hawk & The Turtle

Loretta is passionate about art making which she discovered about four years ago.

Loretta is drawn to painting large size canvases and her inspiration comes from people, places and things she enjoys. Loretta's recent work titled, "Good Luck", was created with the countryside and native animals in mind.

Loretta enjoys collaborating with the Art Therapist as it is Loretta's time to reflect and be quiet, which helps her feel calm. In the future, Loretta would like to try woodwork.

INSIDE THE ARTWORK



MOBILE HANGING

from Young Adult Program

This colourful 3d mobile is the result of a collaboration of 9 artists in Tasmania as part of Able's Young Adult Program. The piece took three months to create using egg cartons that were donated by staff and staff friends.

The artists enjoyed choosing their own colours to make this colourful mobile. The artists worked on their pieces when there were quiet times, sometimes individually or as a group.



CLARE STANFIELD-SMITH

I have been privileged to support several clients in engaging with creative art making as part of the 2021 Able Art Exhibition.

In my role as art therapy student intern at Able, my goal has been to collaboratively explore stimulating and enriching art making with participants that enable choice, self-agency and control in a safe, supported and empathetic way. By empowering participants to feel seen, heard and understood through creative self-expression, my ultimate aim has been to foster a sense of pride, achievement, independence and community connection, thereby enhancing wellbeing and quality of life.

The broad selection of art materials and tools provided by Able has helped facilitate a range of client-led, strengths-based art making approaches that are tailored to each individual's capabilities and interests, such as painting, drawing, knitting, mosaics, 3D sculpture, collage and even make-up artistry.

For example, participant Sandra from North day centre in Victoria enjoys drawing, completing complex jigsaws and is proficient in knitting, cross-stitch and pom-pom making, all skills that require a lot of patience! After getting to know Sandra, I invited her to share her talent in pom-pom making with others within the Able community. We decided to make a short video to explain the pom-pom making process, which we hope inspires you to try yourself.



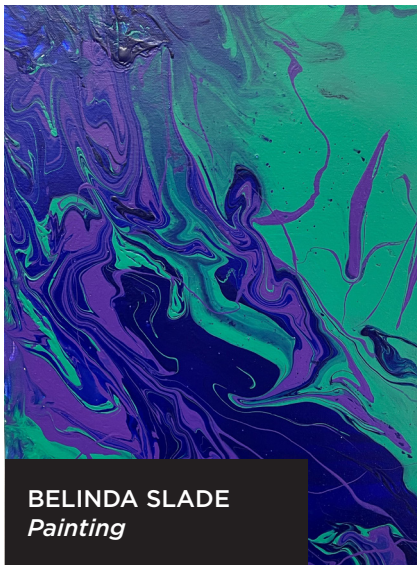
DRAWINGS & EXPERIMENTAL



SANDRA ??????????
Drawing



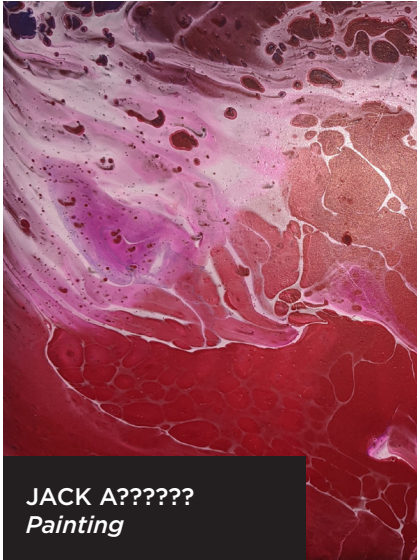
CATHY SELLARS
Bowl



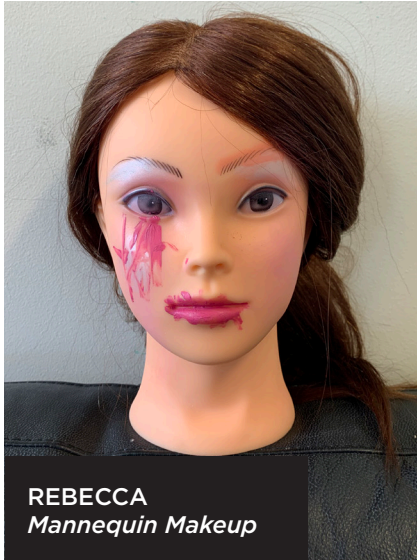
BELINDA SLADE
Painting



JOE MONTELEONE
Drawing



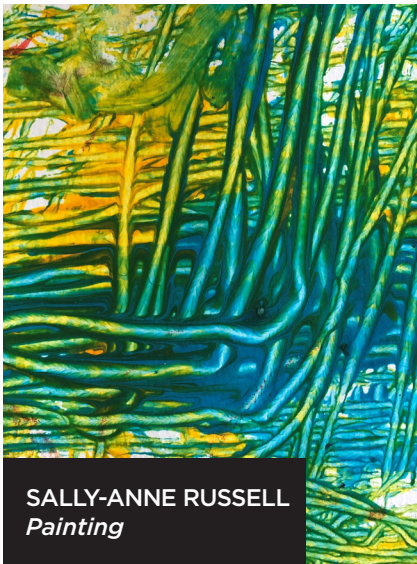
JACK A??????
Painting



REBECCA
Mannequin Makeup



KATIE V??????
Painting



SALLY-ANNE RUSSELL
Painting



SHANNON D??????
Painting

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