

FRIENDS OF ABLE

How your support makes a difference to people with disability

Autumn 2024



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SHOWCASING TALENTED CLIENTS THROUGH ABLE ART

Able Art showcases the wonderful creative talents of Able clients who live with disability. Many of the art pieces on show were created in Able Australia Art sessions, where clients can express their emotions, explore their creativity and increase their self-esteem through art.

Able Australia clients, supporters, team members and the public attended the opening of the exhibition held on International Day of People with Disability in December.

Our deafblind clients were supported by Able Communication guides. Many of their artworks provide a tactile sensory experience for others with deafblindness to experience and explore their art.



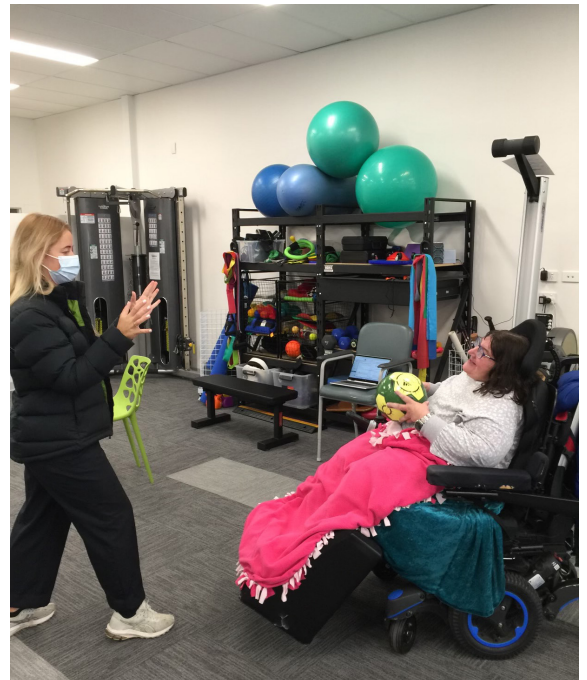
Alex, a young deafblind artist, says "I love the ability to create different artworks and put myself out there in the mainstream community such as public Art Exhibitions and different Able-related functions. This is a fantastic way to showcase myself despite my deafblindness", Able client for 13 years.

Special thanks to Tony Garvey for presenting a Welcome to Country, and to our clients for submitting their amazing artworks!

TOGETHER WE ARE ABLE



LEANNE'S DIVERSE SKILLS, TALENTS AND INTERESTS



Leanne lives in an Able Australia supported home in the ACT.

Leanne is very friendly and loves to chat with everyone she meets. She particularly loves going out for coffee or dinner with her housemates and Able support staff. Leanne also enjoys going to the movies and socialising

with her friends and family in-person or via social media.

Leanne has many hobbies, including arts and crafts and going to the gym to work on her fitness.

Leanne is a volunteer for GeoScience Australia where she uses the data entry skills that she learned while working

for the Australian Defence Force. She says, **“I really enjoy it and Able staff help me to get there, get coffee and read documents when the text is too small.”** Leanne is actively looking for paid work to learn new skills and be even more independent!

MARK'S LOVE OF MUSIC

Mark loves music, especially Elvis. Daniel is Mark's Disability Support Worker, and has played music for many years. After supporting Mark for a few months and getting to know him, he realised Mark had an interest in music too.

Mark recently got a karaoke machine. Now, Mark and Daniel sing Elvis songs together!

“When Mark tries to talk, he struggles to remember words sometimes, but when he's singing, Mark's been doing really well with remembering verses of songs” says Daniel.

Scan the QR code to watch a video of Mark and Daniel singing!



NEW LAUNCESTON HUB

In December, we were excited to open our new Hub for our clients in Launceston! Along with clients, their families and team members, we were joined by Mayor Matthew Garwood – City of Launceston

and Amanda Duigan, Senior Advisor to the Minister for Disability, Tasmania to mark the occasion.

To celebrate what our clients achieve, we held Able Art for

our Tasmanian community at our new Hub! All the pieces on display were created by talented clients of Able Australia.



THANK YOU FOR SUPPORTING ABLE AND LIGHTING UP THE LIVES OF OUR CLIENTS



Michael receiving his Christmas present.



Rebecca from our day services enjoyed hanging the baubles on the Christmas tree.



Three clients from our Movement to Music program celebrate Christmas with Personal Trainer, Kamini.



Cathy is deafblind and was delighted to read a message that a kind donor sent in braille!

A GIFT THAT WILL LAST A LIFETIME

Many people like you, who passionately support Able Australia, consider providing a donation or leaving a gift in their Will that funds many of our life-transforming projects.

Leaving a legacy to Able Australia in your Will is a very special way of giving a gift that keeps giving. A gift in

your Will – no matter how big or small – ensures that Able Australia will continue to support and empower people living with complex disabilities.

For Bequest information, please contact us at **1300 220 602** or email **fundraising@ableaustralia.org.au**.



JOIN ABLE:COMMUNITY



Join **Able:Community** to empower and enable people living with disability in Australia to achieve their life goals.

Each month, your investment will drive initiatives including:

- Giving young people a memorable experience like horse riding, art or swimming lessons.
- Supplying deafblind people with the assistive technology they need for communication and everyday activities.

- Supporting Able's Centre of Excellence – Deafblind in training, advocacy and deafblind research for all ages.

Giving monthly helps Able Australia plan future programs, offers you behind the scenes exclusive updates and gives continued support to people with disability.

Scan the QR code for more information:



A SPECIAL THANK YOU

Much of our work is funded through generous donations. If you would like to donate, and share happiness with people living with disability, please use this QR code.



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